



Rhythms Journal

SUMMER '23

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Christ Covenant
221 Armour Dr. NE
Atlanta, GA 30324

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WEEK OF
May 7, 2023

The Blind Man

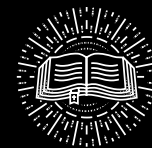
John Series

John 9:13-41

Monthly Scripture Memory

John 10:10

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly.”



Sunday, May 7, 2023

CALL TO WORSHIP

Psalm 121:1-2

SERMON NOTES

Lined area for sermon notes on page 4.

Lined area for sermon notes on page 5.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Tuesday, May 9, 2023

READ

Malachi 2:1-9

MEMORIZE

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly” – John 10:10

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Handwriting practice area consisting of multiple horizontal dotted lines across the right side of the page.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Thursday, May 11, 2023

READ

Malachi 2:17-3:5

MEMORIZE

"The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly" - John 10:10

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area on page 13 for reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Friday, May 12, 2023

READ

Malachi 3:6-15

MEMORIZE

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly” - John 10:10

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Series of horizontal dotted lines for writing on the right page.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Action items list with three circles and dotted lines for writing.

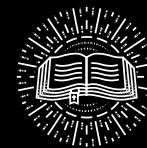
WEEK OF
May 14, 2023

The Door
John Series
John 10:1-10

Monthly Scripture Memory

John 10:10

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly.”



Sunday, May 14, 2023

CALL TO WORSHIP

Psalm 62:1-2

SERMON NOTES

Lined area for sermon notes on page 20.

Lined area for sermon notes on page 21.

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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Monday, May 15, 2023

READ

Ezekiel 33:1-9

MEMORIZE

"The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly" - John 10:10

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Wednesday, May 17, 2023

READ

MEMORIZE

Ezekiel 33:21-33

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly” - John 10:10

REFLECTIONS

What does this passage teach us about God’s character?

Dotted lines for reflection notes.

In light of this passage, what can you thank God for?

Dotted lines for reflection notes.

NOTES

Dotted lines for notes.

Dotted lines for notes on the right page.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three circles with dotted lines for action items.

Thursday, May 18, 2023

READ

Ezekiel 34:1-10

MEMORIZE

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly” - John 10:10

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Handwriting practice area with horizontal dotted lines.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

- Three empty circles for action items.

Friday, May 19, 2023

READ

Ezekiel 34:11-24

MEMORIZE

"The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly" - John 10:10

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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WEEK OF
May 21, 2023

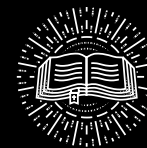
The Good Shepherd

John Series
John 10:11-21

Monthly Scripture Memory

John 10:10

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly.”



Sunday, May 21, 2023

CALL TO WORSHIP

Psalm 23

SERMON NOTES

Lined area for sermon notes on page 36.

Lined area for sermon notes on page 37.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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WEEK OF
May 28, 2023

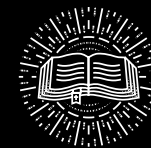
The Hand

John Series
John 10:22-42

Monthly Scripture Memory

John 10:10

“The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly.”



Sunday, May 28, 2023

CALL TO WORSHIP

Colossians 1:15-20

SERMON NOTES

Lined area for sermon notes on page 52.

Lined area for sermon notes on page 53.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Thursday, June 1, 2023

READ

2 Corinthians 7:2-16

MEMORIZE

"The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly" – John 10:10

REFLECTIONS

What does this passage teach us about God's character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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WEEK OF
June 4, 2023

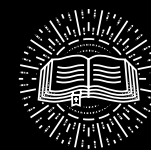
Carl Trueman

Guest Preacher
2 Corinthians 9

Monthly Scripture Memory

2 Corinthians 5:15

And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.



Sunday, June 4, 2023

CALL TO WORSHIP

Psalm 100

SERMON NOTES

Lined area for sermon notes on page 68.

Lined area for sermon notes on page 69.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Monday, June 5, 2023

READ

2 Corinthians 10

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God’s character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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WEEK OF
June 11, 2023

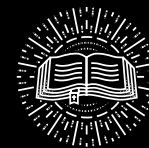
Sex

Sex and Dating Series
Genesis 1:18-25

Monthly Scripture Memory

2 Corinthians 5:15

And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.



Sunday, June 11, 2023

CALL TO WORSHIP

Psalm 16:5-11

SERMON NOTES

Lined area for sermon notes on page 84.

Lined area for sermon notes on page 85.

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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Monday, June 12, 2023

READ

Song of Solomon 2:2-7

MEMORIZE

"And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised." - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Dotted lines for writing reflections and notes on page 87.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three empty circles with dotted lines for action items.

Tuesday, June 13, 2023

READ

Song of Solomon 3:1-5

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God’s character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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READ

Song of Solomon 4:1-8

MEMORIZE

"And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised." - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Dotted lines for writing reflections and notes on page 92.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Saturday, June 17, 2023

READ

Song of Solomon 6:4-10

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Handwriting practice area with horizontal dotted lines on page 97.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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WEEK OF
June 18, 2023

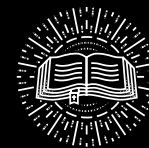
Dating

Sex and Dating Series
Galatians 3:23-29

Monthly Scripture Memory

2 Corinthians 5:15

And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.



Sunday, June 18, 2023

CALL TO WORSHIP

Isaiah 40:27-31

SERMON NOTES

Lined area for sermon notes on page 100.

Lined area for sermon notes on page 101.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Monday, June 19, 2023

READ

Jeremiah 31:31-34

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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Wednesday, June 21, 2023

READ

1 Timothy 5:1-8

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God’s character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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WEEK OF
June 25, 2023

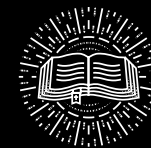
How Long O Lord?

Habakkuk Series
Habakkuk 1:1-11

Monthly Scripture Memory

2 Corinthians 5:15

And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.



Sunday, June 25, 2023

CALL TO WORSHIP

Psalm 46:1, 8-11

SERMON NOTES

Lined area for sermon notes on page 116.

Lined area for sermon notes on page 117.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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READ

Exodus 2:16-22

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Dotted lines for writing reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Tuesday, June 27, 2023

READ

John 4:1-30

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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READ

Psalm 44

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

- Three empty circles for action items.

Thursday, June 29, 2023

READ

Psalm 74

MEMORIZE

“And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.” - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Horizontal dotted lines for writing reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three circles followed by dotted lines for action items.

Friday, June 30, 2023

READ

Psalm 79

MEMORIZE

"And he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised." - 2 Corinthians 5:15

REFLECTIONS

What does this passage teach us about God's character?

Lined area for reflection response.

In light of this passage, what can you thank God for?

Lined area for reflection response.

NOTES

Lined area for notes.

Large lined area for notes or additional reflections.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Action items section with three bullet points and dotted lines.

WEEK OF
July 2, 2023

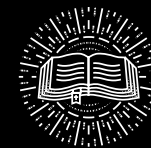
The Righteous Shall Live
By Faith

Habakkuk Series
Habakkuk 1:12-2:5

Monthly Scripture Memory

Habakkuk 2:14

“For the earth will be filled
with the knowledge of the glory of the Lord
as the waters cover the sea.”



Sunday, July 2, 2023

CALL TO WORSHIP

Psalm 13:3-6

SERMON NOTES

Lined area for sermon notes on page 132.

Lined area for sermon notes on page 133.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Monday, July 3, 2023

READ

Psalms 89:1-18

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes on page 134.

Lined writing area for reflections and notes on page 135.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

- Three empty circles with horizontal lines for action items.

Tuesday, July 4, 2023

READ

Psalm 89:19-37

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

Dotted lines for reflection notes

In light of this passage, what can you thank God for?

Dotted lines for reflection notes

NOTES

Dotted lines for notes

Dotted lines for notes

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three circles with dotted lines for action items

Wednesday, July 5, 2023

READ

Psalm 89:38-52

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Dotted lines for writing reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three circles with dotted lines for action items.

Thursday, July 6, 2023

READ

Psalms 102

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Series of horizontal dotted lines for reflection and note-taking.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Friday, July 7, 2023

READ**MEMORIZE**

Psalm 123

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTENOur Daily
Rhythm Podcast

ACTION ITEMS

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Saturday, July 8, 2023

READ

Psalms 137

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

- Three bullet points for action items.

WEEK OF
July 9, 2023

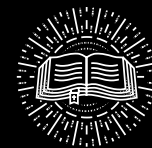
The Earth Will Be Filled

Habakkuk Series
Habakkuk 2:6-20

Monthly Scripture Memory

Habakkuk 2:14

“For the earth will be filled
with the knowledge of the glory of the Lord
as the waters cover the sea.”



Sunday, July 9, 2023

CALL TO WORSHIP

Psalm 99:1-3

SERMON NOTES

Lined area for sermon notes on page 148.

Lined area for sermon notes on page 149.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Monday, July 10, 2023

READ

Ephesians 1:15-23

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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Tuesday, July 11, 2023

READ

Ephesians 2:1-10

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Multiple horizontal dotted lines for reflection and note-taking.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

- Three empty circles followed by dotted lines for action items.

Thursday, July 13, 2023

READ

Ephesians 3:1-6

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes on page 156.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Action items section with three empty circles for tracking.

WEEK OF
July 16, 2023

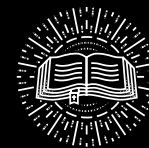
In Wrath Remember Mercy

Habakkuk Series
Habakkuk 3:1-16

Monthly Scripture Memory

Habakkuk 2:14

“For the earth will be filled
with the knowledge of the glory of the Lord
as the waters cover the sea.”



Sunday, July 16, 2023

CALL TO WORSHIP

Psalm 146:1-7

SERMON NOTES

Lined area for sermon notes on page 164.

Lined area for sermon notes on page 165.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Wednesday, July 19, 2023

READ

Ephesians 4:25-32

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Dotted lines for writing.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Thursday, July 20, 2023

READ

Ephesians 5:1-14

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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Friday, July 21, 2023

READ

Ephesians 5:15-21

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Horizontal dotted lines for reflection and notes on page 174.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Saturday, July 22, 2023

READ

Ephesians 5:22-33

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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WEEK OF
July 23, 2023

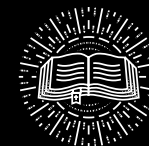
Yet I Will Rejoice

Habakkuk Series
Habakkuk 3:17-19

Monthly Scripture Memory

Habakkuk 2:14

“For the earth will be filled
with the knowledge of the glory of the Lord
as the waters cover the sea.”



Sunday, July 23, 2023

CALL TO WORSHIP

Psalm 18:1-3

SERMON NOTES

Lined area for sermon notes on page 180.

Lined area for sermon notes on page 181.

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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Monday, July 24, 2023

READ

Ephesians 6:5-9

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Vertical dotted lines for reflection and note-taking.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Tuesday, July 25, 2023

READ

Ephesians 6:10-20

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Wednesday, July 26, 2023

READ

Ephesians 6:21-24

MEMORIZE

"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea." - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God's character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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READ

Daniel 1:8-21

MEMORIZE

“For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea.” - Habakkuk 2:14

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Lined area for writing reflections and notes on page 190.

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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WEEK OF
July 30, 2023

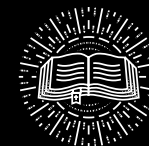
Welfare

Life in Babylon Series
Jeremiah 29:1-14

Monthly Scripture Memory

John 3:3

Jesus answered him, "Truly, truly, I say to you, unless
one is born again he cannot see the kingdom of God."



Sunday, July 30, 2023

CALL TO WORSHIP

Psalm 96:1-9

SERMON NOTES

Lined area for sermon notes on page 196.

Lined area for sermon notes on page 197.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Monday, July 31, 2023

READ

Daniel 2:31-49

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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Tuesday, August 1, 2023

READ

Daniel 3:1-18

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Dotted lines for reflection and notes on page 201.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Wednesday, August 2, 2023

READ

Daniel 3:19-30

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Handwriting practice lines consisting of 18 sets of horizontal dotted lines for writing.

LISTEN

Our Daily Rhythm Podcast

ACTION ITEMS

Action items section with three empty circles followed by horizontal dotted lines for writing.

READ

Daniel 4:1-18

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

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In light of this passage, what can you thank God for?

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LISTEN

Our Daily Rhythm Podcast

ACTION ITEMS

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Friday, August 4, 2023

READ

Daniel 4:19-27

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

Dotted lines for reflection response

In light of this passage, what can you thank God for?

Dotted lines for reflection response

NOTES

Dotted lines for notes

Dotted lines for notes

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three bullet points for action items

Saturday, August 5, 2023

READ

Daniel 4:28-37

MEMORIZE

"Jesus answered him, 'Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.'" - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Handwriting practice area with horizontal dotted lines.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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WEEK OF
August 6, 2023

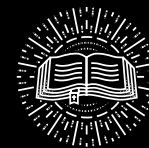
Usefulness

Life in Babylon Series
Genesis 41:14-41

Monthly Scripture Memory

John 3:3

Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God."



Sunday, August 6, 2023

CALL TO WORSHIP

1 Chronicles 29:10-13

SERMON NOTES

Lined area for sermon notes on page 212.

Lined area for sermon notes on page 213.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Tuesday, August 8, 2023

READ

Daniel 6

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Action items list with three bullet points.

Wednesday, August 9, 2023

READ

Daniel 7:1-14

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

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In light of this passage, what can you thank God for?

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NOTES

LISTEN

Our Daily
Rhythm Podcast

ACTION ITEMS

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Thursday, August 10, 2023

READ

Daniel 7:15-28

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Area with horizontal dotted lines for writing reflections and notes on page 221.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Saturday, August 12, 2023

READ

Daniel 9:1-19

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Handwriting practice area with horizontal dotted lines.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

- Three empty circles for action items.

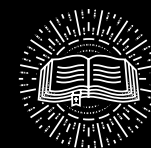
WEEK OF
August 13, 2023

Faithfulness
Life in Babylon Series
Daniel 3:1-30

Monthly Scripture Memory

John 3:3

Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God."



Sunday, August 13, 2023

CALL TO WORSHIP

Psalm 73:25-28

SERMON NOTES

Lined area for sermon notes on page 228.

Lined area for sermon notes on page 229.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Friday, August 18, 2023

READ

Daniel 12

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes on page 238.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three bullet points for action items on page 239.

Saturday, August 19, 2023

READ

1 Peter 1:1-12

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

LISTEN

Our Daily Rhythm Podcast

ACTION ITEMS

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WEEK OF
August 20, 2023

Shrewdness

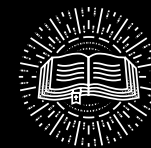
Life in Babylon Series

Esther 6:1-13

Monthly Scripture Memory

John 3:3

Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God."



Sunday, August 20, 2023

CALL TO WORSHIP

Psalm 24

SERMON NOTES

Lined area for sermon notes on page 244.

Lined area for sermon notes on page 245.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Monday, August 21, 2023

READ

1 Peter 1:22-25

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

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In light of this passage, what can you thank God for?

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NOTES

LISTEN

Our Daily
Rhythm Podcast

ACTION ITEMS

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Tuesday, August 22, 2023

READ

1 Peter 2:1-10

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily
Rhythm Podcast

ACTION ITEMS

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READ

1 Peter 2:11-12

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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READ

1 Peter 2:13-17

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Dotted lines for writing reflections and notes on page 253.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

Three empty circles followed by dotted lines for action items.

READ

1 Peter 2:18-25

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

LISTEN

Our Daily Rhythm Podcast

ACTION ITEMS

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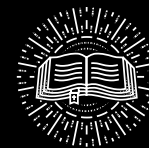
WEEK OF
August 27, 2023

Goodness
Life in Babylon Series
1 Peter 2:9-12

Monthly Scripture Memory

John 3:3

Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God."



Sunday, August 27, 2023

CALL TO WORSHIP

Psalm 145:1-9

SERMON NOTES

Lined area for sermon notes on page 260.

Lined area for sermon notes on page 261.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Tuesday, August 29, 2023

READ

1 Peter 4:1-6

MEMORIZE

"Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." - John 3:3

REFLECTIONS

What does this passage teach us about God's character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

- Three empty circles for action items.

Friday, September 1, 2023

READ

1 Peter 5:1-5

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

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In light of this passage, what can you thank God for?

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LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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Saturday, September 2, 2023

READ

1 Peter 5:6-14

MEMORIZE

“Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” - John 3:3

REFLECTIONS

What does this passage teach us about God’s character?

In light of this passage, what can you thank God for?

NOTES

Lined writing area for reflections and notes.

LISTEN



Our Daily Rhythm Podcast

ACTION ITEMS

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